

Dear Prospective Fillies and Pintos,

Thank you for your interest in the Downers Grove South Fillies (Varsity) and Pintos (JV) Pom and Dance Teams. We ask that both you and your parents carefully read over this information and discuss it before making the decision to try out.

The Fillies and Pintos are first and foremost a performing spirit group. Their primary goal is to promote a positive attitude towards Downers Grove South High School. In addition to performing at sporting events and activities at DGS and within the community, the Fillies and Pintos compete at regional and state level competitions. The Fillies have ranked in the top 3 in the state for the past 5 years winning the State Championship in the Varsity Open Pom division in 2005, 2006, 2007 and 2008. They have also ranked 2<sup>nd</sup> in the state in the Varsity Hip-hop division and 2<sup>nd</sup> in the state in the Varsity Jazz category. The Pintos were the JV Pom State Champions in 2004, 2005, 2006 and 2007. They have placed within the top 4 in the state on the TeamDance Illinois JV Elite 8 for the past 2 years. The DGS dancers have also had the opportunity to take class from many professional guest instructors that have performed with artists such as Justin Timberlake, Janet Jackson, Missy Elliot, Mariah Carey and Britney Spears and have danced on such shows as “Americas Best Dance Crew” and “So You Think You Can Dance”.

A successful Fillie or Pinto must be a talented performer as well as a self-starter. It is crucial that, because of the extensive time commitment, each squad member be a well-organized individual able to devote the necessary time to practices/performances as well as academics.

The Fillies/Pintos performance schedule is divided into two seasons. The two seasons are Football (Fall) and Basketball (Winter). **YOU MAY TRY OUT FOR ONE OR BOTH SEASONS.** You must declare which season(s) you want to try out for on the first day of tryouts. It is possible that although you may try out for both seasons, you may only be selected for one of the seasons. Typically more candidates are selected for Football season than Basketball season but the majority of the dancers are chosen for both seasons. More will be explained at the workshops.

Thank you for taking the time to read this packet. For more information you can visit our website at <http://www.dgsdance.com>. We hope you seriously consider trying out for the Fillies/Pintos and we look forward to meeting all of you at the tryouts. I wish you all the best of luck in your efforts to become part of our team.

Sincerely,  
**Dawn Jovic**  
Head Coach

**Jessica Cannizzo**  
Assistant Coach

## FILLIES/PINTOS TRYOUT SCHEDULE

1. WORKSHOPS will be held on **Monday, May 4<sup>th</sup>** and **Tuesday, May 5<sup>th</sup>**, 2009. Times are **6:00-8:30 PM** in the Downers Grove South Field House for both days. During these days you will learn a 1 ½ minute pom routine and how to do kicks, pirouette turns and toe-touch jumps. **\*\*\*CD's WITH THE ROUTINE MUSIC WILL BE AVAILABLE FOR PURCHASE FOR \$2.00.** These CD's will be available for purchase only on the first day of the workshops while supplies last.
2. TRYOUTS will begin on **Wednesday, May 6<sup>th</sup>** for the first cuts, starting at **4:00 PM** in the Dance Studio. Plan on staying for the duration of tryouts. A first cut list will be posted at the end of the night. If you are selected you must return on **Thursday, May 7<sup>th</sup>** at **4:00 PM** to learn a speed learning routine. This routine will be a 30-40 second long jazz/hip-hop routine. We will begin tryouts with this newly learned routine between **5:30 and 6:00 PM**. Additional "call backs" will be done after everyone has auditioned. **WE DO NOT KNOW WHEN YOU WILL BE FINISHED! PLAN TO STAY!**
  - A. At the preliminaries you will perform the routine learned at the workshops. You will tryout in groups of three. Demonstration of kicks, pirouette turns, and jumps will follow the routine.
  - B. You will be provided with a pair of poms to use at the workshops and tryouts.
  - C. You will be assigned a number that you will wear on the front of your shirt. Tryout numbers will be randomly drawn on the day of tryouts.
  - D. Tryout clothing should be as follows:
    - No long pants or sweats; you **must** wear shorts.
    - You **must** wear an athletic sports top (sports bra style)
    - Clean socks and shoes can only add to your score.
    - Hair should be neatly pulled back and out of your face!
  - E. **NO JEWELRY ALLOWED!** We will ask you to remove all piercings! Covering piercings with band-aides is not acceptable!
3. You will be scored on the following:
  - APPEARANCE
  - KICKS
  - PIROUETTE TURN
  - TOE-TOUCH JUMP
  - COORDINATION/RHYTHM
  - SHOWMANSHIP
  - KNOWLEDGE OF ROUTINE
  - TECHNIQUE
  - ACCURACY OF PERFORMANCE
4. Results will be posted after **12:00** noon on **Saturday, May 9<sup>th</sup>** on the outside door near the cafeteria Entrance at DGS. There will be a mandatory meeting for all newly selected team members on **Monday, May 11<sup>th</sup>** at **4:00 PM** in the Dance Studio.

Any questions, please contact Coach Dawn Jovic at dawn@markjovic.com.

## FILLIES/PINTOS INFORMATION

### PRACTICE SCHEDULE

- **School Year** Practice: Fillies - Monday and Wednesday 3:35 to 6:00pm  
Pintos – Monday and Wednesday 6:00 to 8:30 pm
- Summer Practice: T.B.A ----We will also be hosting our 4<sup>th</sup> annual Mini Pom and Dance Camp at DGS June 22<sup>nd</sup>-25<sup>th</sup> for 3<sup>rd</sup>-8<sup>th</sup> graders. The Fillies and Pintos will be expected to teach the routines and assist in running the camp.

### SUMMER CAMP

Attending the Universal Dance Association's summer training camp is expected of all Fillies/Pintos, even those on for only one season. The cost is roughly \$350. This is a vital part of team building and the routines learned at camp are used throughout the year. This is also the first competition that the teams enter for the year. The dates for this year will be July 31<sup>st</sup>-August 3<sup>rd</sup> at the Sheraton Hotel in Arlington Heights.

### PERFORMANCES

- All home football and basketball games
- National Anthem/Pre-Game (Sidelines B-Ball season)
- Pep assemblies
- Competitions throughout the year

Note: Football games are held on Friday nights. Basketball can be Tuesday, Friday or Saturday. There are some back-to-back Friday/Saturday games. You are expected to perform both nights and stay throughout the entire game.

### ATTENDANCE

Once selected for the team, you will receive a copy of the Fillies/Pinto team rules. As with any team, practice time is valuable, and the entire team must be there to accomplish our goals. THERE ARE NO EXCUSED ABSENCES. Any absence will result in consequences. Missing practice because of work is unacceptable; also, do not schedule doctors appointments during rehearsal time. The girls will get a copy of the practice schedule in advance for the entire season.

### GRADES

Fillies/Pintos are required to maintain passing grades but are encouraged to achieve to their highest potential. If a Fillie/Pinto becomes academically ineligible, she will be removed from the team until her grades are brought back up. We are a No-Pass/No-Play policy. Athletes must be passing 5 classes, including P.E. each week. We encourage our athletes to take a minimum of 6 classes per semester.

### COSTS (Please read carefully.)

Unfortunately, there are a few incidental costs involved with being a Fillie/Pinto.

1 pair of poms: \$18 – \$35

1 to 2 pairs of shoes: \$65 – \$75

Campwear: \$150-\$250 (this doubles as performance and practice wear throughout the year)

Other miscellaneous dancewear

If selected for either team, you **must** purchase a team warm-up. Cost will be approximately \$125

**\*\*\*PLEASE RETURN THIS SHEET TO COACH JOVIC ON THE FIRST DAY OF WORKSHOPS\*\*\***

**A copy of your most recent report card with Teacher's Signatures is also acceptable.**

**DANCER GRADE VERIFICATION**

Student Name \_\_\_\_\_

Year in School (please circle one):    8\*    9    10    11

If in 8<sup>th</sup> grade, list school you are attending: \_\_\_\_\_

Period	Class	Current Grade	Teacher's Signature
Early Bird			
1			
2			
3			
4			
5			
6			
7			
8			
9			

# CANDIDATE FILLIES/PINTOS PROFILE

CANDIDATE'S NAME: \_\_\_\_\_

1. I am interested in being a team member for: (circle one)

Football Season Only

Basketball Season Only

Both Seasons

2. Please list any dance, pom, cheer, or gymnastic experience you've had:

Studio:

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School:

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Other:

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3. What extra-curricular activities/sports are you involved in (both school and/or outside)?

Would this activity/sport interfere with the practice/performance requirements of the Fillies/Pintos? If not sure, explain.

_____	Yes	No	Not Sure
_____	Yes	No	Not Sure
_____	Yes	No	Not Sure
_____	Yes	No	Not Sure

Please turn in to Coach Jovic the first day of workshops

# CANDIDATE PROFILE, CONT.

4. How do you feel about competing?

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Are you willing to put in the “EXTRA” time during the competitive season?

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5. What talents/assets could you offer to the squad?

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6. Why would you like to be a FILLIE/PINTO?

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7. What would be the most difficult part about being a FILLIE/PINTO?

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8. Will you be able to attend the summer training camp July 31<sup>st</sup>-August 3<sup>rd</sup>? If not please explain why.

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Please turn in to Coach Jovic the first day of workshops

# FILLIES/PINTO FACT SHEET

*Please print!*

Name:	School I.D. Number:
Address:	
City & Zip:	
Year in School (next year):	
Age:	Birthday (include year born):
Shirt Size: (XS-XL)	Pant Size: (XS-XL)
Shoe Size:	Short Size: (XS-XL)
Cumulative Grade Point Average:	
Mother's First Name:	
Father's First Name:	
Parent's Last Name if different:	
Home Phone Number:	E-mail Address:

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## FILLIES/PINTOS AGREEMENT/PARENT PERMISSION FORM

My parents and I have carefully read the FILLIES/PINTOS INFORMATION handout. I understand the contents and, if chosen as a member of the Fillies/Pintos, would abide by the guidelines outlined there. As a Fillie/Pinto, I would maintain a passing grade point average (preferably above), attend practices and performances (see attendance requirements), demonstrate a positive attitude and participate in fundraising activities.

Signed \_\_\_\_\_

Date \_\_\_\_\_

Parent/Guardian Signature \_\_\_\_\_

If I am not selected for the team, but have questions regarding my tryout performance, I agree to first contact the Coach by making an appointment to discuss any concerns. Only after I have spoken to the Coach may my parents contact the Coach with any additional questions. (Please **do not** contact the Athletic Director or Principal before talking to the Coach. You will only be referred back to the coaching staff.)

Signed \_\_\_\_\_

Date \_\_\_\_\_

Parent/Guardian Signature \_\_\_\_\_

Please turn in to Coach Jovic the first day of workshops